



DEAR DOCTOR: I WAS PREMATURE

Completed By (Name): _____ Date Completed: _____

Full Name: _____ Date of Birth: _____

Relationship to Me: **Parent** **Grandparent** **Other Relative** **Guardian** **Other**

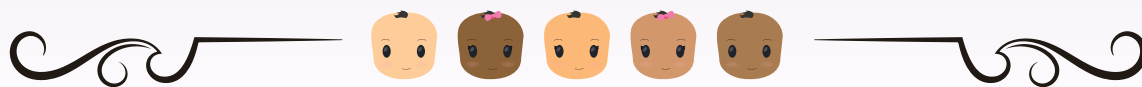
Dear Doctor,

Please make sure to include this with my medical records and refer to this as needed when treating me now and ongoing for various conditions.

I was born prematurely at _____ weeks gestation and weighed _____ pounds, ounces/grams and was in the Neonatal Intensive Care Unit (NICU) for _____ months/days and came home from the NICU with the following medications and medication equipment:

NICU: During my NICU stay I had the following health conditions:

- | | |
|---|--|
| Anemia | MRSA |
| Acidosis | Necrotizing Enterocolitis (NEC) |
| Bradycardia | Patent Ductus Arteriosus (PDA) |
| Brain Bleed (IVH/Intraventricular Hemorrhage) | Perforated Bowel |
| Bronchopulmonary Dysplasia (aka Chronic Lung Disease) | Periventricular-Intraventricular Hemorrhage (PV-IVH) |
| Developmental Delay | Pneumonia |
| Floppy Airway | Pneumothorax |
| Floppy Tone (low muscle tone) | Positional Plagiocephaly |
| Gastroesophageal Reflux | Pulmonary Edema |
| Hernia | Pulmonary Hemorrhage |
| Hypertonia (high muscle tone) | Respiratory Distress Syndrome |
| Hydrocephalus | Respiratory Syncytial Virus (RSV) |
| Intrauterine Growth Retardation (IUGR) | Retinopathy of Prematurity (ROP) |
| Jaundice | Seizure |
| Kernicterus | Sepsis |
| Meningitis | Short Bowel Syndrome (SBS) |
| | Symmetrical Growth Restriction |





I have been diagnosed or I am concerned I might have the following conditions:

ADHD	DIAGNOSED	SUSPECTED	N/A
Auditory Processing Disorder	DIAGNOSED	SUSPECTED	N/A
Autism	DIAGNOSED	SUSPECTED	N/A
Blindness	DIAGNOSED	SUSPECTED	N/A
Cerebral Palsy	DIAGNOSED	SUSPECTED	N/A
Deafness	DIAGNOSED	SUSPECTED	N/A
Dyslexia	DIAGNOSED	SUSPECTED	N/A
Developmental Delay	DIAGNOSED	SUSPECTED	N/A
Feeding Challenge	DIAGNOSED	SUSPECTED	N/A
Sensory Processing Disorder	DIAGNOSED	SUSPECTED	N/A
Scoliosis	DIAGNOSED	SUSPECTED	N/A
Sleep Issues	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A
Other _____	DIAGNOSED	SUSPECTED	N/A

Long-term outcomes research for premature babies is still evolving but there is evidence that the following conditions through the geriatric years may be strongly connected to premature birth. Please make sure you are aware of these conditions when assessing me for tests, diagnoses and prescriptions that may have side effects.

Asthma	DIAGNOSED	SUSPECTED	N/A
Dementia	DIAGNOSED	SUSPECTED	N/A
Dental Issues	DIAGNOSED	SUSPECTED	N/A
Diabetes	DIAGNOSED	SUSPECTED	N/A
Eye Problems	DIAGNOSED	SUSPECTED	N/A
Heart Issues	DIAGNOSED	SUSPECTED	N/A
Hearing Issues	DIAGNOSED	SUSPECTED	N/A
Hip Fractures	DIAGNOSED	SUSPECTED	N/A
Infections & Immune System Problems	DIAGNOSED	SUSPECTED	N/A
Mental Health Issues (Anxiety, Depression, etc.)	DIAGNOSED	SUSPECTED	N/A
Social Skill Struggles	DIAGNOSED	SUSPECTED	N/A
School/Work Struggles	DIAGNOSED	SUSPECTED	N/A
Weaker Muscles	DIAGNOSED	SUSPECTED	N/A

Additional Details about Me:

